



**MACOMB COUNTY**  
COMMUNITY MENTAL HEALTH

# Free Mental Health Counseling

Macomb County will offer free mental health counseling and care throughout the county following recent events that have impacted our communities. Services are open to anyone and are available at no cost. All ages welcome.

Counseling and resources will be provided from 2pm-7pm at the following locations:

Tuesday, Jan. 11th

MCCMH West

6555 15 Mile Rd., Sterling Heights, MI 48312

Wednesday, Jan. 12th

MCCMH North

43740 Groesbeck Hwy., Clinton Twp., MI 48036

Thursday, Jan. 13th

MCCMH East

25401 Harper, St. Clair Shores, MI 48081

**Additionally, the Crisis Center is available 24 hours to help Community Members in crisis.**

**Call 586-307-9100 to chat with a crisis counselor.**

**855-99-MCCMH**

**www.mccmh.net**