

## Dear Lottie Families,

Next week, our school community will focus on the Other People Mindset of

## Being present and giving others my attention.

This means when we are with other people, we are present and give them our full attention.

In today's world, it's easy to get distracted by phone calls, messages, and social media. These distractions can pull us away from what's most important — our relationships with other people.

Just as plants need sunlight to grow, our relationships need attention. If we don't give our full attention when we are with our family, friends, and even colleagues, we can't build strong relationships. It's crucial to put down our phones and tablets and really listen when others are talking. Positive relationships are the foundation of a positive culture, and we can't build positive relationships without attention.

To practice and encourage the Other People Mindset of being present and giving others our attention, please visit The Positivity Project's mobile-friendly P2 for Families (available in <a href="English">English</a> and <a href="Spanish">Spanish</a>), where you will watch a video together and discuss a quote and three questions. Below are links to this week's P2 for Families lessons. Click on the grade level that best meets your child's needs.

<u>Pre-K–K</u> <u>Grades 1–2</u> <u>Grades 3–5</u> <u>Grades 6–8</u> <u>Grades </u>
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Thank you for your support!

Mrs. White & the Lottie Staff