



## **Students and Staff With Symptoms of COVID-19**

### **Students and Staff with Symptoms of COVID-19 (See Appendix A)**

- Symptoms of COVID-19 include the following. These symptoms should be new or different/worse than baseline for any existing chronic illness.

Any one of the following:

- Cough
- Shortness of breath
- Difficulty breathing
- New loss of smell
- New loss of taste

OR

Two or more of the following:

- Subjective fever (felt feverish) or measured temperature of 100.4 degrees Fahrenheit or higher
  - Chills or rigors (shaking or exaggerated shivering)
  - Muscle aches without another explanation
  - Headache
  - Sore throat
  - Nausea or vomiting
  - Diarrhea
  - Fatigue
  - Congestion or runny nose
- A student or staff person who exhibits COVID-19 symptoms as defined above should not go to school or any school activity. If at school or any school activity, they should be sent home. These individuals should be evaluated by a healthcare provider and tested for COVID-19 with a diagnostic test.

- If at school or any school activity, the student/staff person should wear a face mask and wait in an isolation area away from other staff and students until they leave the school building.

### **Confirmed and Probable Cases of COVID-19**

- A person who has tested positive for COVID-19 is a confirmed case of COVID-19 if the positive test was a polymerase chain reaction (PCR) test and a probable case of COVID-19 if the positive test was an antigen test. A person with symptoms (previously described) and who has had close contact with a person who has tested positive for COVID-19 (PCR test or antigen test) is considered a probable case of COVID-19.
- School administration must report any student or staff person with confirmed or probable COVID-19 to the Macomb County Health Department (COVID-19 Case Report Form).
- School administration must notify school staff and student families on the school's website when a student or staff person with confirmed or probable COVID-19 has been identified in a school maintaining the confidentiality of the student or staff person as required by state and federal laws. School administration may also choose to provide written notification to school staff and student families.

### **Returning to School or Work**

- Students and staff with symptoms who test positive for COVID-19 or who are a probable case of COVID-19 may return to school/work if:
  - At least 5 days have passed since symptom onset and
  - At least 24 hours have passed since resolution of fever without the use of fever-reducing medications and
  - Other symptoms have improved (loss of taste and smell may last for weeks or months and need not delay the end of isolation)
- Students and staff who never had symptoms but who test positive for COVID-19 may return to school/work if at least 5 days have passed since the date of their first positive COVID-19 test (provided no symptoms appeared during the 5-day period).
- Day zero (0) is the day of symptom onset or the day the positive test specimen was collected (if there were no symptoms). The isolation period ends at midnight on the last day of the isolation period. The last day of isolation is usually day 5 but may be a later day if symptoms have not improved or fever has not resolved for at least 24 hours without the use of fever-reducing medication.

- Students and staff with symptoms (previously described) who test negative for COVID-19 (with a PCR test) and who report no close contact with a person who has tested positive for COVID-19 may return to school/work 24 hours after resolution of fever and improvement of symptoms.
- Students and staff with symptoms (previously described) who were not tested for COVID-19 and who report no close contact with a person who has tested positive for COVID-19 may return to school/work 24 hours after resolution of fever and improvement of symptoms if they present a note from a healthcare provider that provides an alternative explanation for the symptoms. If a healthcare provider note is not available, the student or staff person may return to school/work if:
  - At least 5 days have passed since symptom onset and
  - At least 24 hours have passed since resolution of fever without the use of fever-reducing medications and
  - Other symptoms have improved (loss of taste and smell may last for weeks or months and need not delay the end of isolation)
- Returning to school or work after an isolation period of 5 days includes wearing a mask for days 6-10. If a student or staff person is unwilling or unable to wear a mask, they should isolate for 10 days.

### **Persons who have been Exposed to Someone with COVID-19**

- Persons who have been exposed to someone with COVID-19 should quarantine at home for at least 5 days following exposure. Day zero (0) is the day of last exposure. Testing on day 5, if possible, and wearing a mask for 10 days is recommended.
- Persons who live with someone who has COVID-19 and who can avoid further close contact should quarantine at least 5 days. Persons who cannot avoid further close contact should quarantine at least 5 days beyond the date when the person with COVID-19 ends home isolation.
- Quarantine is not recommended for the following persons:
  - Students or staff who have tested positive for COVID-19 in the past 90 days.
  - Students 5-17 years of age who are two or more weeks past completion of a primary series of COVID-19 vaccine. Testing on day 5, if possible, and wearing a mask around others for 10 days are recommended.

- Students and staff 18 years of age or older who have received all recommended COVID-19 vaccine doses, including a booster dose. There is no time requirement following administration of the booster dose. Testing on day 5, if possible, and wearing a mask around others for 10 days are recommended.

**Macomb County Health Department (MCHD)**  
**Students and Staff with Symptoms of COVID-19**

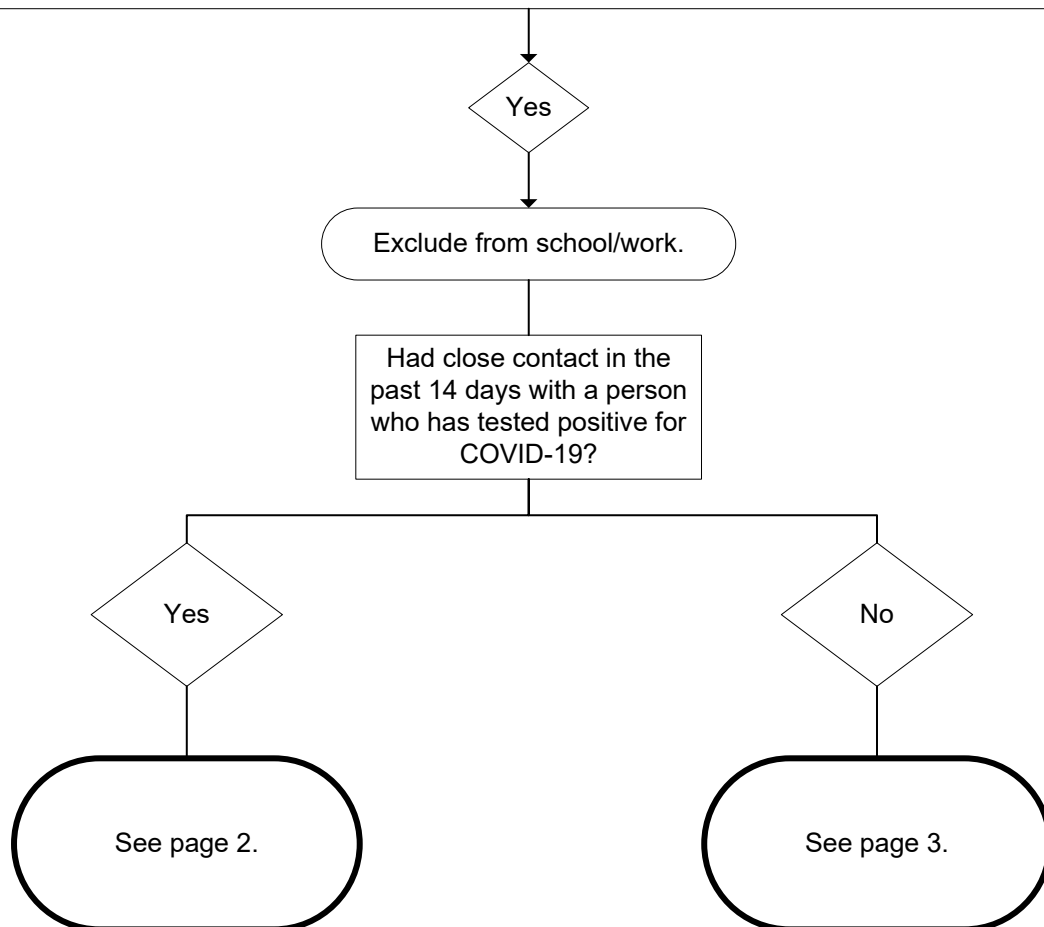
Student/Staff person has any of the following symptoms (new/different/worse than baseline for any chronic illness):

**One** of the following:

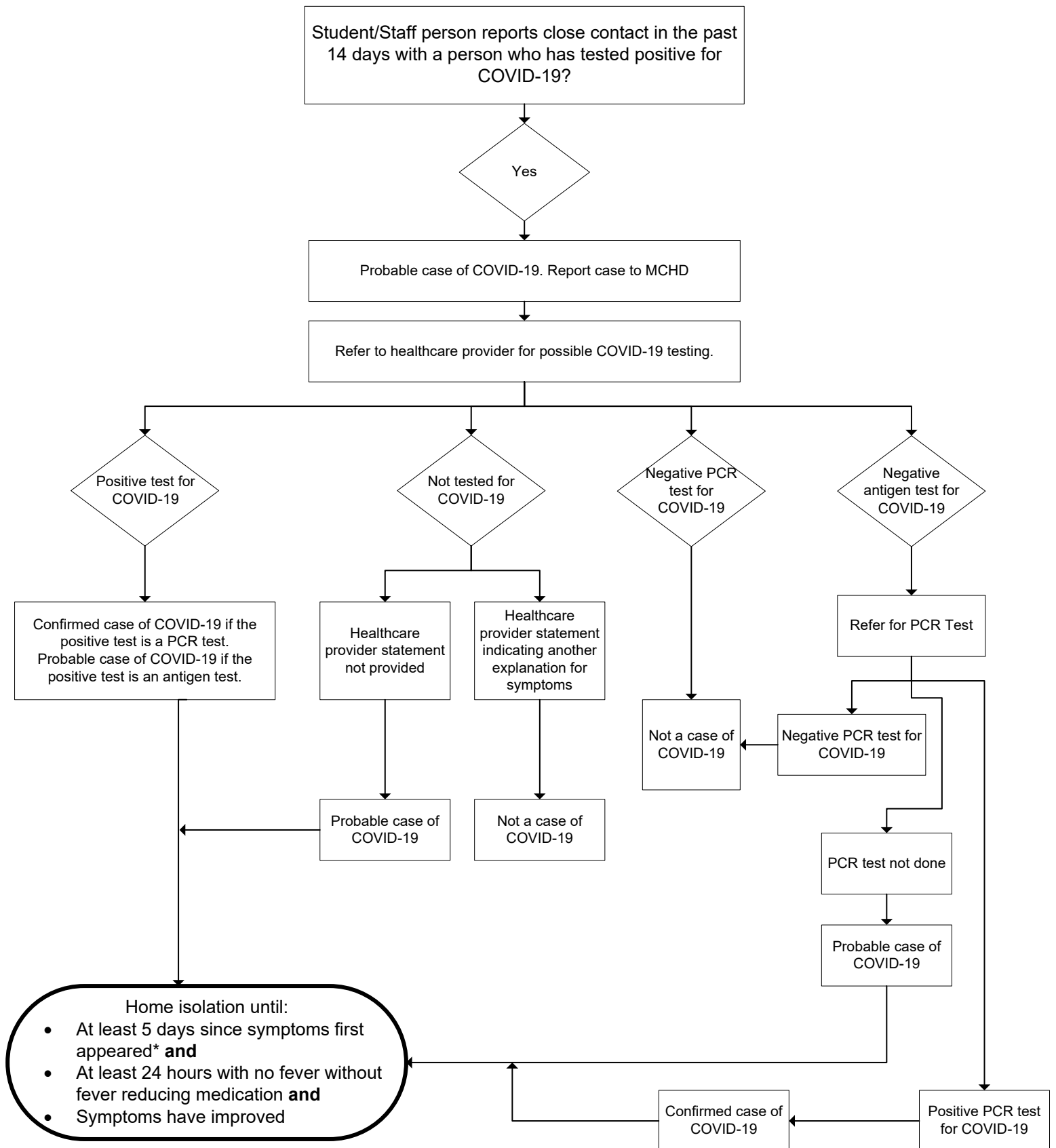
- Cough
- Shortness of breath
- Difficulty breathing
- New loss of smell
- New loss of taste

OR **Two** of the following:

- Subjective fever (felt feverish) or measured temperature 100.4 degrees Fahrenheit or higher
- Chills
- Rigors (shaking or exaggerated shivering)
- Muscle aches
- Headache
- Sore throat
- Nausea or vomiting
- Diarrhea
- Fatigue
- Congestion or runny nose

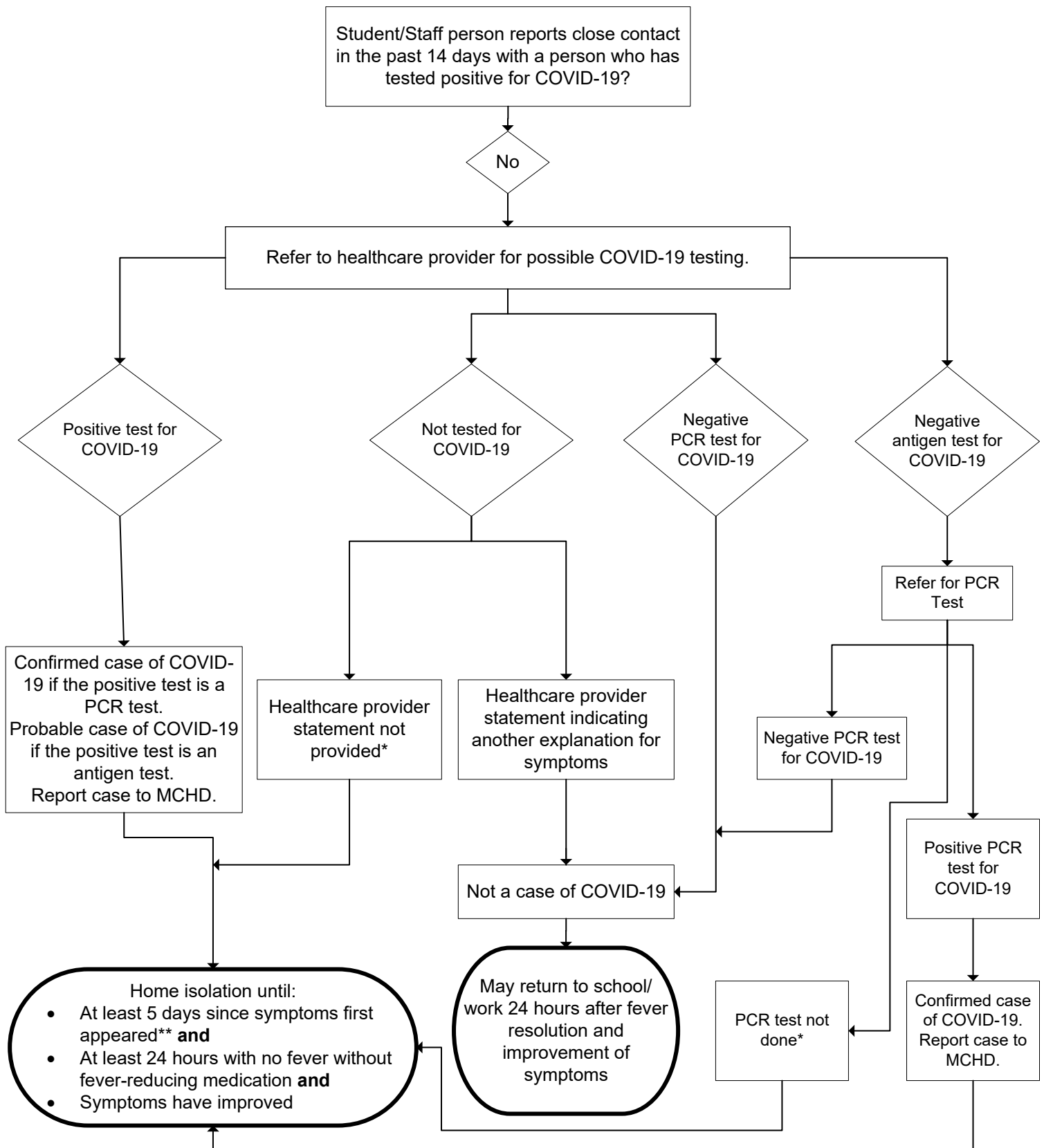


## Macomb County Health Department (MCHD) Students and Staff with Symptoms of COVID-19



\*If a student or staff person is unwilling or unable to wear a mask for days 6-10, they should isolate for 10 days.

## Macomb County Health Department (MCHD) Students and Staff with Symptoms of COVID-19



\* These persons do not meet the definition of a confirmed or probable case. However, since COVID-19 has not been sufficiently ruled out through testing, a period of isolation is still required.

\*\*If a student or staff person is unwilling or unable to wear a mask for days 6-10, they should isolate for 10 days.