October

Anchor Bay Middle School South Middle School South Lunch Menu

		Lunch Entree	Lunch Entree 2	Lunch Entree 3
		Chicken & Cheese Crispitos	Soft Pretzel	Dutch Waffle
		Vegetables	Cheese Sauce	Turkey Sausage Patty
		Salsa Cup	Honey Sunflower Seeds	Vegetables
		Corn	Vegetables	Hash Brown Rounds
		Refried Beans	Cucumber Slices	Dragon Punch Juice
		Fruit	Carrots	Fruit
		Pineapple Tidbits	Fruit	Mandarin Oranges
		Daily Entree Options:	Diced Pears	
		Fresh Pizza, Salads, Sandwiches, and Wraps are available daily.		
Lunch Entree 6	Lunch Entree 7	Lunch Entree 8	Lunch Entree 9	Lunch Entree 10
Dill Chicken Bites	Crazy Cheese Bread	Sweet and Sour Chicken	Mango Jalapeño Meatballs	Mini Maple Pancakes
WG Dinner Roll	Churro Crackers	Vegetable Fried Rice	Cornbread Loaf	Scrambled Eggs
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Baked Beans	Marinara Sauce	Green Beans	Mashed Potatoes	Hash Brown Rounds
Celery Sticks	Fresh Broccoli Florets	Cucumber Slices	Carrots	Dragon Punch Juice
Fruit	Fruit	Fruit	Fruit	Fruit
Apple Slices	Fresh Grapes	Pineapple Tidbits	Diced Pears	Mandarin Oranges
			200	

Lunch Entree 13	Lunch Entree 14	Lunch Entree 15	Lunch Entree 16	Lunch Entree 17
Chicken Tenders	Macaroni & Cheese	Cheese Bosco Sticks	Walking Taco Doritos	French Toast Sticks
WG Dinner Roll	Garlic Knot	Chat Snax Grahams	Vegetables	Turkey Sausage Patty
Vegetables	Vegetables	Vegetables	Salsa Cup	Vegetables
Curly Fries	Green Beans	Marinara Sauce	Refried Beans	Hash Brown Rounds
Corn	Cucumber Slices	Side Salad	Fruit	Dragon Punch Juice
Fruit	Fruit	Carrots	Sliced Peaches	Fruit
Strawberry Cup	Apple Slices	Fruit		Mandarin Oranges
		Fresh Banana		
Lunch Entree 20	Lunch Entree 21	Lunch Entree 22	Lunch Entree 23	Lunch Entree 24
Chicken Drumstick	Chicken Alfredo Pasta	Mini Corn Dogs	Cheeseburger on Bun	Grilled Cheese Sandwich
Tiger Grahams	Garlic Breadstick	Goldfish Crackers	Cheddar SunChips	Goldfish Crackers
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Baked Beans	Green Beans	Smile Potatoes	Baked Beans	Tomato Soup
Cucumber Slices	Fresh Broccoli Florets	Celery Sticks	Pickle Spear	Celery Sticks
Fruit	Fruit	Fruit	Fruit	Fruit
Diced Pears	Apple Slices	Mixed Berries Fruit Cup	Halloween Frozen Juice Cup	Mandarin Oranges
Lunch Entree 27	Lunch Entree 28	Lunch Entree 29	Lunch Entree 30	Lunch Entree 31
Popcorn Chicken	Beef Spaghetti Sauce	Cheese Bosco Sticks	Cheese Quesadilla	Mini Maple Waffles
WG Dinner Roll	WG Penne Pasta	Chat Snax Grahams	Tortilla Chips	Scrambled Eggs
Vegetables	Garlic Knot	Vegetables	Vegetables	Pumpkin Cookie
Mashed Potatoes	Vegetables	Marinara Sauce	Salsa Cup	Vegetables
Corn	Carrots	Side Salad	Refried Beans	Hash Brown Rounds
Fruit	Green Peas	Celery Sticks	Fruit	Dragon Punch Juice
Apple Slices	Fruit	Fruit	Pineapple Tidbits	Fruit
	Sliced Peaches	Fresh Banana		Mandarin Oranges