

# September

## Anchor Bay Middle School South

### Middle School South Lunch Menu

Labor Day	<div>1</div> <div>Lunch Entree</div> <div>Macaroni &amp; Cheese</div> <div>Garlic Knot</div> <div>Vegetables</div> <div>Green Beans</div> <div>Cucumber Slices</div> <div>Fruit</div> <div>Apple Slices</div> <div>Additional Entree Choices:</div> <div>Daily selections of fresh salads, wraps, sandwiches, and pizza</div>	<div>2</div> <div>Lunch Entree</div> <div>Cheese Bosco Sticks</div> <div>Chat Snax Grahams</div> <div>Vegetables</div> <div>Marinara Sauce</div> <div>Side Salad</div> <div>Carrots</div> <div>Fruit</div> <div>Fresh Banana</div> <div>Additional Entree Choices:</div> <div>Daily selections of fresh salads, wraps, sandwiches, and pizza</div>	<div>3</div> <div>Lunch Entree</div> <div>Walking Taco Doritos</div> <div>Vegetables</div> <div>Salsa Cup</div> <div>Refried Beans</div> <div>Fruit</div> <div>Sliced Peaches</div> <div>Additional Entree Choices:</div> <div>Daily selections of fresh salads, wraps, sandwiches, and pizza</div>	<div>4</div> <div>Lunch Entree</div> <div>French Toast Sticks</div> <div>Turkey Sausage Patty</div> <div>Vegetables</div> <div>Hash Brown Rounds</div> <div>Dragon Punch Juice</div> <div>Fruit</div> <div>Mandarin Oranges</div> <div>Additional Entree Options:</div> <div>Daily selections of fresh salads, wraps, sandwiches, and pizza</div>	
	<div>8</div> <div>Lunch Entree</div> <div>Chicken Drumstick</div> <div>Tiger Grahams</div> <div>Vegetables</div> <div>Baked Beans</div> <div>Cucumber Slices</div> <div>Fruit</div> <div>Diced Pears</div> <div>Additional Entree Choices:</div> <div>Daily selections of fresh salads, wraps, sandwiches, and pizza</div>	<div>9</div> <div>Lunch Entree</div> <div>Chicken Alfredo Pasta</div> <div>Garlic Breadstick</div> <div>Vegetables</div> <div>Green Beans</div> <div>Fresh Broccoli Florets</div> <div>Fruit</div> <div>Apple Slices</div> <div>Additional Entree Choices:</div> <div>Daily selections of fresh salads, wraps, sandwiches, and pizza</div>	<div>10</div> <div>Lunch Entree</div> <div>Mini Corn Dogs</div> <div>Goldfish Crackers</div> <div>Vegetables</div> <div>Smile Potatoes</div> <div>Celery Sticks</div> <div>Fruit</div> <div>Mixed Berries Fruit Cup</div> <div>Additional Entree Choices:</div> <div>Daily selections of fresh salads, wraps, sandwiches, and pizza</div>	<div>11</div> <div>Lunch Entree</div> <div>Cheeseburger on Bun</div> <div>Cheddar SunChips</div> <div>Vegetables</div> <div>Baked Beans</div> <div>Pickle Spear</div> <div>Fruit</div> <div>Frozen Fruit Cup</div> <div>Additional Entree Choices:</div> <div>Daily selections of fresh salads, wraps, sandwiches, and pizza</div>	<div>12</div> <div>Lunch Entree</div> <div>Grilled Cheese Sandwich</div> <div>Goldfish Crackers</div> <div>Vegetables</div> <div>Tomato Soup</div> <div>Celery Sticks</div> <div>Fruit</div> <div>Mandarin Oranges</div> <div>Additional Entree Choices:</div> <div>Daily selections of fresh salads, wraps, sandwiches, and pizza</div>
	<div>15</div> <div>Lunch Entree</div> <div>Popcorn Chicken</div> <div>WG Dinner Roll</div> <div>Vegetables</div> <div>Mashed Potatoes</div> <div>Corn</div> <div>Fruit</div> <div>Apple Slices</div> <div>Condiments</div> <div>Brown Gravy</div> <div>Additional Entree Choices:</div> <div>Daily selections of fresh salads, wraps, sandwiches, and pizza</div>	<div>16</div> <div>Lunch Entree</div> <div>Beef Spaghetti Sauce</div> <div>WG Penne Pasta</div> <div>Garlic Knot</div> <div>Vegetables</div> <div>Carrots</div> <div>Green Peas</div> <div>Fruit</div> <div>Sliced Peaches</div> <div>Additional Entree Choices:</div> <div>Daily selections of fresh salads, wraps, sandwiches, and pizza</div>	<div>17</div> <div>Lunch Entree</div> <div>Cheese Bosco Sticks</div> <div>Chat Snax Grahams</div> <div>Vegetables</div> <div>Marinara Sauce</div> <div>Side Salad</div> <div>Celery Sticks</div> <div>Fruit</div> <div>Fresh Banana</div> <div>Additional Entree Choices:</div> <div>Daily selections of fresh salads, wraps, sandwiches, and pizza</div>	<div>18</div> <div>Lunch Entree</div> <div>Cheese Quesadilla</div> <div>Tortilla Chips</div> <div>Vegetables</div> <div>Salsa Cup</div> <div>Refried Beans</div> <div>Fruit</div> <div>Pineapple Tidbits</div> <div>Additional Entree Choices:</div> <div>Daily selections of fresh salads, wraps, sandwiches, and pizza</div>	<div>19</div> <div>Lunch Entree</div> <div>Mini Maple Waffles</div> <div>Scrambled Eggs</div> <div>Vegetables</div> <div>Hash Brown Rounds</div> <div>Dragon Punch Juice</div> <div>Fruit</div> <div>Mandarin Oranges</div> <div>Additional Entree Choices:</div> <div>Daily selections of fresh salads, wraps, sandwiches, and pizza</div>

<div>22</div> <div><div>Lunch Entree</div><div>Chicken Nuggets</div><div>WG Dinner Roll</div><div>Vegetables</div><div>Waffle Sweet Potato Fries</div><div>Cucumber Slices</div><div>Fruit</div><div>Sliced Peaches</div><div>Additional Entree Options:</div><div>Daily selections of fresh salads, wraps, sandwiches, and pizza</div></div>	<div>23</div> <div><div>Lunch Entree</div><div>Macaroni &amp; Cheese</div><div>Garlic Knot</div><div>Vegetables</div><div>Green Beans</div><div>Carrots</div><div>Fruit</div><div>Fresh Grapes</div><div>Additional Entree Options:</div><div>Daily selections of fresh salads, wraps, sandwiches, and pizza</div></div>	<div>24</div> <div><div>Lunch Entree</div><div>Hot Dog on Bun</div><div>Vegetables</div><div>Baked Beans</div><div>Tater Tots</div><div>Fruit</div><div>Fresh Banana</div><div>Additional Entree Options:</div><div>Daily selections of fresh salads, wraps, sandwiches, and pizza</div></div>	<div>25</div> <div><div>Lunch Entree</div><div>Beef Soft Taco</div><div>Tortilla Chips</div><div>Vegetables</div><div>Salsa Cup</div><div>Corn</div><div>Fruit</div><div>Pineapple Tidbits</div><div>Additional Entree Options:</div><div>Daily selections of fresh salads, wraps, sandwiches, and pizza</div></div>	<div>26</div> <div><div>Lunch Entree</div><div>Mozzarella Sticks</div><div>Goldfish Grahams</div><div>Vegetables</div><div>Marinara Sauce</div><div>Fresh Broccoli Florets</div><div>Celery Sticks</div><div>Fruit</div><div>Strawberry Cup</div><div>Additional Entree Options:</div><div>Daily selections of fresh salads, wraps, sandwiches, and pizza</div></div>
<div>29</div> <div><div>Lunch Entree</div><div>Chicken and Vegetable Dumplings</div><div>Brown Rice</div><div>Vegetables</div><div>Fresh Broccoli Florets</div><div>Fava Bean Crisps</div><div>Fruit</div><div>Apple Slices</div><div>Additional Entree Options:</div><div>Daily selections of fresh salads, wraps, sandwiches, and pizza</div></div>	<div>30</div> <div><div>Lunch Entree</div><div>Cheese Bosco Sticks</div><div>Chat Snax Grahams</div><div>Vegetables</div><div>Side Salad</div><div>Marinara Sauce</div><div>Carrots</div><div>Fruit</div><div>Fresh Banana</div><div>Additional Entree Options:</div><div>Daily selections of fresh salads, wraps, sandwiches, and pizza</div></div>			