## **Nutrition and Information**

All nutrition data is based entirely by on the information provided by the manufacturers, USDA or distributors of the associated products. The District has not made any attempt to verify the information provided nor can the District represent or warrant to provided information is complete, accurate or fit for any particular purpose.

Additionally, manufacturers and distributors sometimes change their recipes or the quantity of the products they provide in a serving. Such changes may result in changes in nutrition content.

The District recommends that diabetic patients consult their physicians and follow medical and other advice concerning carbohydrate intake to insure blood sugars are maintained at appropriate levels.

Please contact the Food & Nutrition Office at 586 598-7663 for questions.