

Dear Lottic Families,

This week, our school will review the 24-character strengths and the five elements of the Other

People Mindset.

Throughout the school year, we've explored these 24 strengths, learning how they help us build strong relationships and become the best versions of ourselves. Every 1–2 weeks, we focused on a different strength or element of the Other People Mindset.

The Other People Mindset involves five key practices:

- Identifying and appreciating the good in other people,
- Knowing our words and actions affect others,
- Supporting others when they struggle,
- Celebrating others when they succeed,
- Being fully present and giving others our attention.

This year, staff and students have learned that positive relationships are built on these principles. As a school community, we have experienced firsthand how these connections help us become happier, healthier, and more resilient.

To practice and encourage the Other People Mindset at home, please visit The Positivity Project's mobile-friendly P2 for Families (available in <u>English</u> and <u>Spanish</u>), where you will watch a video together and discuss a quote and three questions. Below are links to this week's P2 for Families lessons. Click on the grade level that best meets your child's needs.

Pre-K-K Grades 1-2 Grades 3-5 Grades 6-8 Grades 9-12
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Thank you for your support! Mrs. White & the Lottie Staff