

MIDDLE SCHOOL ATHLETICS WEIGHT TRAINING

FILL OUT PERMISSION SLIP WITH THE QR
CODE BELOW.

APRIL 2ND - MAY 28TH // 3:15PM - 4:30PM

WHEN: MON. & WED.

TIME: 3:15 - 4:30PM

LOCATION: MIDDLE SCHOOL SOUTH WEIGHT ROOM

SIGNED PERMISSION SLIP PRIOR TO PARTICIPATION.

